

HIKING Wiriehorn

Walks*

- 1 Schwarzenberg-Alp 15 min.
- 2 Weidliegg 20 min.
- 3 Bodenfluh 50 min.

Rewarding descents*

- 4 Röschtenschwend trail 1 hr 40 min.
- 5 Enetchirel trail 1 hr
- 6 Anger 1 hr 20 min.

Mountain hikes*

- 7 Wiriehorn - Geopfad 3 hrs 30 min.
Geological theme trail around Wiriehorn
- 8 Wiriehorn summit trail 3 hrs
Difference in altitude approx. 960 m | way back: 2 hrs
- 9 Schwarzenberg 1 hr
Only for experienced hikers,
no official route markings

* Hikes starting at Berghotel Wiriehorn (mountain hotel at Nüegg)

Very popular: our brunches!
Dates on wiriehorn.ch



FOR FAMILIES Push Scooter

1 Nüegg – Riedli
easy, asphalt

wiriehorn.ch



Hike	Mountain hike	Grimmimutz adventure trail	Push scooter trail	Downhill trail	House trail	Restaurant	Hotel / Inn / Restaurant	PostBus stop
Panoramic hike	Wildlife watching hike	Push chair-friendly trail Grimmialp	Push chair-friendly trail Senggiweid-Anger	Historical and cultural theme trail	Geographical theme trail around Wiriehorn	Barbecue site	Campsite	Gwunderwasser water playground
Birds theme trail	Swiss wrestling theme trail Sprigenboden	Historical and cultural theme trail	Historical and cultural theme trail	Historical and cultural theme trail	Historical and cultural theme trail	Historical and cultural theme trail	Historical and cultural theme trail	Historical and cultural theme trail

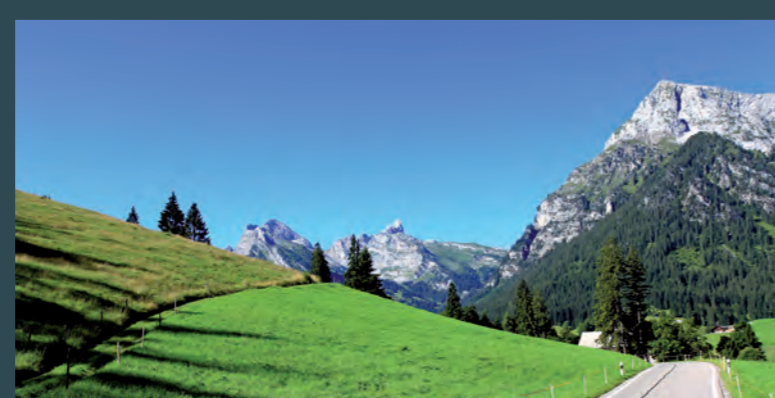
DIEMTIGTAL'S valley hiking trail

- 10 Schwenden/Grimmialp-Oey 4 hrs

This popular hike starts at the Oey-Diemtigen railway station from where the PostBus takes you deeper into the Diemtigtal. Following the Diemtigtal Talwanderweg (Diemtigtal's valley hiking trail) you will cross the two valley streams Chirel and Fildrich over eleven bridges. You're away from the road, but along the 16 km hike you will still find eleven PostBus stops. This means there's one every 20-40 minutes (please note the low frequency).

From Spillgerten Hotel, Grimmialp/Schwenden via Blauseeli (lake)/Schwenden (15 min.)-Tiermatti/Schwenden (1 hr)-Anger/Zwischenflüh (1 hr 20 min.)-Riedli/Zwischenflüh (2 hrs 10 min.)-Horboden (3 hrs 15 min.)-Oey (4 hrs)

The other way round: 4 hrs 30 min.



HIKING Grimmialp

- 11 Bike School & Shop and bike park for beginners
Hot-Trail
- 12 Grimmimutz adventure trail 1 hr 30 min.
- 13 Stierenberg circular trail 45 min.

If you have young children with you, you can't miss the Grimmimutz adventure trail. This trail is based on the children's story which recounts the adventures of Grimmimutz and the evil Pepper Witch. Along the hike you will read Grimmimutz' story, play at various stations and discover nature. Along the trail you'll find also inviting barbecue sites. The hike starts at Senggiweid car park and doesn't require taking the chairlift.

Chairlift mountain station - Nidegg - Stierenberg - chairlift mountain station

- 14 Family hike to the valley 1 hr 30 min.

Chairlift mountain station - Nidegg - wildlife watching hike - Grimmimutz adventure trail - Grimmialpbergbahnen car park

- 15 Grimmimutz panoramic hike 2 hrs 15 min.

Chairlift mountain station - Stierenberg - Uelis Grimmimutz - Grimmimutz - hinterer Nidegg - vordere Nidegg - Grimmialpbergbahnen car park with visit of the Grimmimutz, place of power + 30 min.

- 16 Rauflihorn mountain hike 2 hrs 15 min.

Chairlift mountain station - Stierenberg - Uelis Grimmimutz - Grimmimutz - Rauflihorn
Descent to the Grimmialpbergbahnen car park: Rauflihorn via Raufli - Nessli - Fildrich 2 hrs 30 min.
Descent to Matten near St. Stephan: Rauflihorn via Grimmimutz - Färmeltal 3 hrs

- 17 Descent directly to the valley 1 hr 10 min.

Chairlift mountain station - Nidegg - vordere Nidegg - Egg - Grimmialpbergbahnen car park

- 18 Paragliding starting & landing place

Ideal starting point for panoramic flights



grimmialp.ch

BE INSPIRED BY our hiking suggestions

Discover the Diemtigtal on foot. Pause, enjoy the view, and return from your hike with a smile on your face. You'll feel tired, but happy. Only by walking through it can you really feel and experience the Diemtigtal Nature Park. Let us show you the most wonderful hiking suggestions.

To the Alps, through forests, up the mountain and straight ahead
There are several hiking options in the Diemtigtal and they offer you the ideal surroundings to switch off and recharge while being active. Enjoy a rest at one of the traditional mountain restaurants along the hike. Try their delicious local specialities from the alp. Hiking in the Diemtigtal is a profound experience with a long-lasting effect on your body and soul.

The PostBus takes you to the departure points of the hikes in the valley. Higher located departure places are accessible by car. If you stay overnight in our valley, you'll receive the much-loved NaturparkCard. This card entitles you to free travel on the PostBus as well as on the two chairlifts Wiriehorn and Grimmialp.

A visit to the Diemtigtal is educational
Do you know the Rosa Canina? Have you ever stood close to an original «Schwinger-Siegermuni» (young bull that is awarded to the king of Swiss wrestling)? Do you know how a sea becomes a cultural landscape with grazing cows? Where can beautiful examples of Simmental carpentry be found? Our theme trails show you the secrets of our Nature Park. In German only: diemtigtal.ch/themenwege

200 km hiking and mountain trails are waiting for you to be discovered: diemtigtal.ch

Information

Diemtigtal Nature Park, 3753 Oey
Phone +41 33 681 26 06 | diemtigtal.ch | info@diemtigtal.ch

SUMMIT hikes

Drunengalm	Springenboden via Drunen Oey via Bächlen–Drunen	3 hrs 15 min. 5 hrs 15 min.
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Mäggißerhorn	Springenboden via Widbodmen –Mechlistall	3 hrs 30 min.
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Niesen	Oey via Zäunegg–Bruchgeeren –Chumli (3 hrs 15 min.)–Stalden Horboden via Springenboden (1 hr 30 min.) –Hoschüpfen–Chumli–Stalden	6 hrs 7 hrs
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Rauflihorn	Schwenden via Würzi–Grimmi –Grimmifurggi Schwenden via Fildrich (1 hr)–Raufli	3 hrs 30 min. 4 hrs 15 min.
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Turnen	Zwischenflüh via Narrebach–Meniggrund Diemtigen via Bergli–Tschuggen –Rinderalp (2 hrs 45 min.)	3 hrs 4 hrs 30 min.
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Wiriehorn	Nüegg (Wiriehorn mountain hotel) via Bodenflue–Wirie Schlatti/Schwenden via Wirie (2 hrs) Riedli/Zwischenflüh via Bodenflue –Wirie (2 hrs 30 min.)	3 hrs 3 hrs 15 min. 4 hrs
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MOUNTAIN LAKE hikes

Aegelsee	Oey via Diemtigen (30 min.)–Bergli	1 hr 30 min.
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Blauseeli	Spillgerten Hotel/Grimmialp via Senggi Oey via Horboden–Zwischenflüh –Schwenden/Grimmialp	15 min. 4 hrs 15 min.
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Meienfallseeli	Springenboden via Widbodmen –Meienfall Horboden via Riedern–Pletschen	2 hrs 30 min. 3 hrs 30 min.
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Seebeggsee	Schwenden via Weeri–Stand Zwischenflüh via Narrebach –Menigwald (2 hrs)–Vordermenigen Senggi/Grimmialp via Alpetli (1 hr 30 min.) –Scheidegg–Fromatt–Stierenberg	3 hrs 3 hrs 30 min. 4 hrs 15 min.
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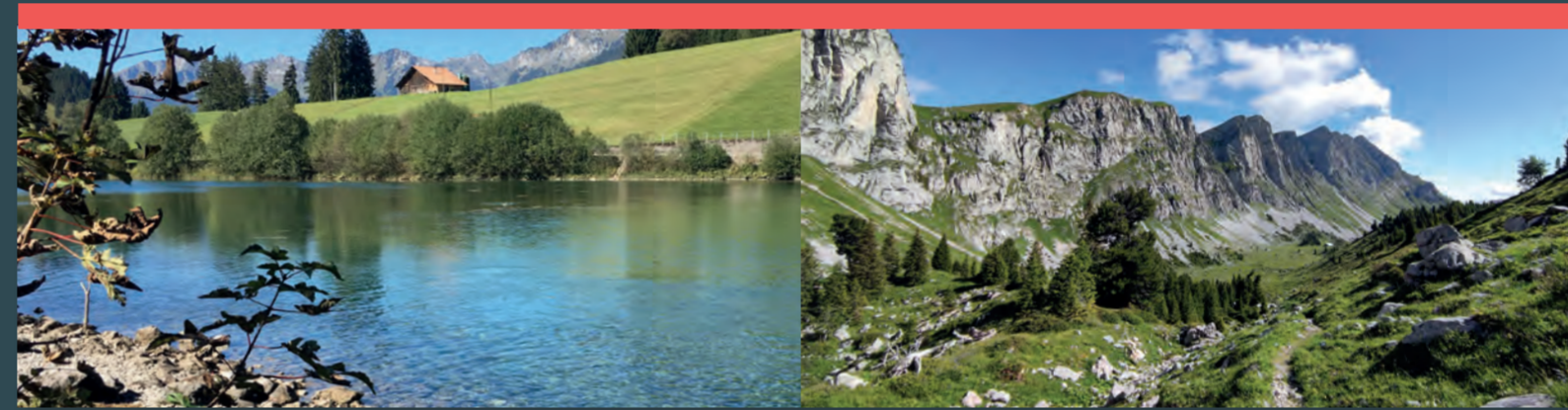
PASS hikes

Gestelen	Schwenden–Weeri–Stand–Seebeggsee –Gestelen–Muntigli–Zweissimmen Schwenden–Weeri–Stand–Seebeggsee –Gestelen–Luegle–Boltigen	5 hrs 45 min. 6 hrs 30 min.
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Grimmifurggi	Senggi/Grimmialp–Würzi–Grimmi –Grimmifurggi (2 hrs 45 min.) –Matten/St. Stephan	5 hrs
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Ottere pass	Schwenden–Fildrich–Oberberg –Ottere pass (4 hrs)–Adelboden	7 hrs 30 min.
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Scheidegg	Senggi/Grimmialp–Alpetli–Scheidegg (2 hrs 30 min.)–Fromatt–Weid –Blankenburg	4 hrs 30 min.
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The Diemtigtal offers you a variety of hiking possibilities

Diemtigtal Nature Park



DISCOVER THE
DIEMTIGTAL ON FOOT
A VARIETY OF HIKING POSSIBILITIES

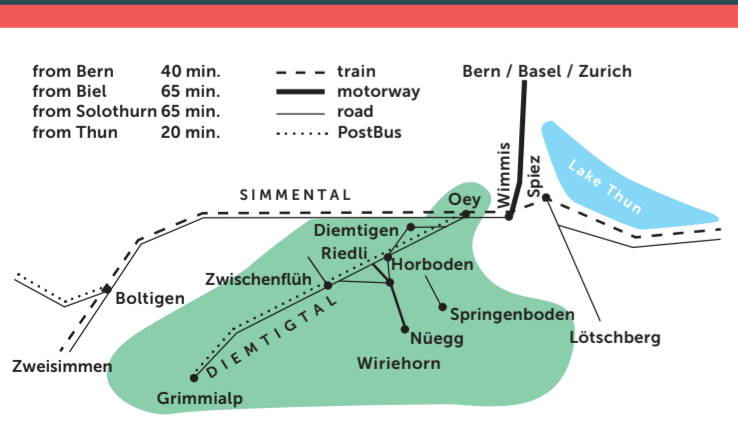


WELCOME TO THE Diemtigtal Nature Park



Close, wild, precious.
What you see in the Diemtigtal Nature Park, you will usually find only much further away. In our valley, nature is sometimes wild, and you'll find rugged, but scenic places. Precious stands for all intangible values that are associated with the Diemtigtal Nature Park.

- What makes the Diemtigtal Nature Park unique?
- Valuable landscapes, with their precious flora and fauna, must be nurtured and protected
 - Alpine farming is very important to the Diemtigtal Nature Park's economy and culture
 - Traditions in the Diemtigtal are actively lived and kept alive
 - The Nature Park offers high-quality environmental education (the activities take place in German only)



HIKING to the alps

Alp Bütschi	Horboden via Chirel–Eggweid –Alp Schwarzenberg–Abendmatte	4 hrs
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Alp Oberste Gurbs	Schlatti/Schwenden via Gurbssstrasse– Alp Oberste Gurbs (2 hrs 15 min.)–Gurbgrat	3 hrs
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Alp Schwarzenberg	Riedli/Zwischenflüh via Entschwil –Röschenschwend–Nüegg (1 hr 45 min.) Horboden via Chirel–Eggweid	2 hrs 2 hrs 15 min.
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Alp Tschuggen	Diemtigen via Bergli Horboden via Chollerebrügg –Chilchflueh	1 hr 45 min. 2 hrs
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GWUNDERWASSER water playground

Make your next family excursion in the Diemtigtal Nature Park a long-lasting memory
No matter if the Gwunderwasser water playground is your main destination or just a welcome stop along your hike, it is always a refreshing and fun playground and a place for making memories. No wonder this water playground in the Diemtigtal is so popular amongst young visitors to the valley.

The Gwunderwasser water playground is a welcome place to cool off on hot summer days
The water playground is a great highlight on your hike along the Diemtigtal's valley hiking trail or as your main destination. The numerous water activities make the Gwunderwasser water playground near Tiermatti (Schwenden) particularly attractive.

You can play, paddle and dam water as much as you like. Observe the natural dynamic of water by redirecting streams, creating dams and releasing the water. The variety of activities includes, for example, a waterwheel, a series of wooden channels, and driftwood tables. The water playground animates you to experiment with this precious element that should not be taken for granted.

GRIMMIALP & WIRIEHORN chairlifts

The cable cars offer you perfect leisure activities
The Grimmialpbergbahnen and Wiriehornbahnen bring you easily up the mountain. Once you have arrived at the top, it is your turn to decide how challenging your further programme should be: a thrilling downhill ride with your mountain bike or a breath-taking tandem paragliding flight? If you prefer a more relaxed activity, enjoy a hike with guaranteed panoramic views.

Please check the prices and opening hours on the website of each cable car.

Information

Grimmialpbergbahnen AG, 3757 Schwenden
Phone +41 33 684 12 92 | grimmialp.ch | info@grimmialp.ch

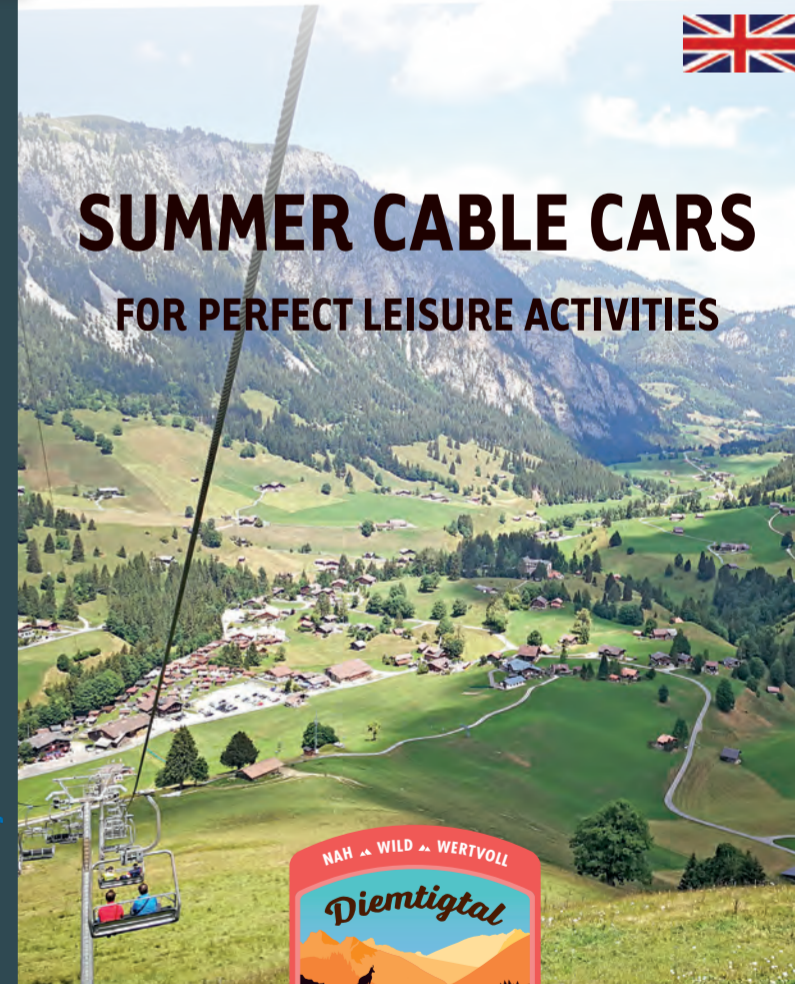


Information

Wiriehornbahnen AG, 3756 Zwischenflüh
Phone +41 33 684 12 33 | wiriehorn.ch | info@wiriehorn.ch
Berghotel Wiriehorn (Wiriehorn mountain hotel)
Phone +41 33 684 12 42



SUMMER CABLE CARS FOR PERFECT LEISURE ACTIVITIES



Wiriehorn & Grimmialp

No need to hike uphill.
Save your energy and take the chairlift instead.